



**New Horizon Regional Education Center @ Woodside Lane  
Nursing Assistant Pacing Guide**

**Program: Certified Nursing Assistant**

**Teacher: Vanessa Howell RN CCRN BSN**

<b>1st Marking Period Topic/Unit</b>	<b>Virginia State Competency</b>	<b>Standardized Test Areas/NOCTI/CPR CNA</b>	<b>Supporting Equipment/Technology</b>
1. Workplace Readiness	8360.001 - 033	NOCTI	NOCTI Blueprint Web Site
2. NNAAP	8360.002	CNA	NNAAP Handbook
3. Industry aspects			Student Handbook
4. Internet safety	8360.033		Program Orientation
5. Identify purposes and goals of student organization: HOSA	8360.030 Participation in student organization's Annual Competition		HOSA Packet. Text and Web Site Professional Magazine News Letter.
<b>Study Skills</b>			
1. Identify student's ability to Study successfully. Review Study skills: Attitude, Reading , Note Taking , Critical Thinking and. Time Management	8360.008-017	NOCTI Book Survey Test	Mosby's Text Student Preface Mosby's Nursing Assistant Study Guide Classroom Group Sessions NOCTI Blueprint Guided Lectures Supporting handouts
2. CPR	8360.083-088	AHA CPR Certification	AHA Health Care Providers Course
<b>Applying Fundamental Concepts of Nursing</b>			
			Field trips to various sites to demonstrate Long Term care Nursing.
1. Demonstrate the role of the Nursing assistant.	8360.035	NOCTI Web Site CNA Certification	Mosby's Text Book for the Nursing Assistant
2. Relate personal aptitude and interest to the concept of Nursing.	8360.08-029	Text Chapter 2	NNAAP Booklet
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3. Introduction to Health	8360.038-053	Text Chapter 1 Test	Mosby's Nursing Assistant Text
Care agencies			Mosby's Nursing Assistant Work book
Communicating	8362.034-046	Chapter 5	Lecture. Field Trips. Speaker
4. Introduction to Medical terminology		Medical Term Quizzes/Tests	Medical Terminology Worksheets and Handouts
5. Demonstrate proper Hand Washing Skills and Define Infection control	8362.048-058	NOCTI/CNA Chapter 14	Mosby's Nursing Assistant Text Lectures, Group, Video Clips
6. Understanding Client's Right	8360.042-048	Chapter 7	Return Demonstration in Skills Lab Mosby's Nursing Assistant Text Book
<b>Nursing Journal Critique</b>			Internet
7. Body Structure and function	8360.054-082	Chapter 8	Models Mosby's Nursing Assistant Text
8. Basic Emergency Introduction to Vital Signs	8360.083-088	Chapter 49 Chapter 25 Skills Check List	Coloring handouts of structures. Geri Simulator
9. Caring for the Older Client		Chapter 10	Skills Lab
10. Promoting safety & Fall Prevention	8362.047-069	Chapter 11 & 12 Skills Check List	NNAAP Booklet Groups
ROM/Positioning/Transfer		Chapter 26	Geri Simulator
<b>2<sup>nd</sup> Marking Period</b>			
11. Restraint Alternatives and Safe restraints	8362.070-073	Chapter 12, Chapter 13, 15, 16	Mosby's Nursing Assistant Text Lecture
12. Client's Unit/Bed making	8362.101-109		Skills Lab
Hygiene and Grooming		Chapters 17,18,19, 20	Geri Simulator
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**Nursing Assistant Pacing Guide 3**

<b>Program: Certified Nursing Assistant</b>		<b>Teacher: Vanessa Howell RN CCRN BSN</b>	
<b>2nd Marking Period Topic/Unit</b>	<b>Virginia State Competency</b>	<b>Standardized Test Areas For NOCTI/CPR/CNA</b>	<b>Supporting Equipment/Technology</b>
13. Vital Signs Continued	8360.036	Chapter 25	Mosby's Nursing Assistant Text Book
Teamwork	November-January	Skills check List	NNAAP Booklet
		NOCTI/CAN Certification	Lecture Skills Lab
			Geri Simulator
14. Nutrition and Fluids	8362.128-139	Chapter 23	Mosby's Nursing Assistant Text Book
		Skills Check Sheets	Lecture. Skills Lab. Group
15. Exercise & Activity		Chapter 26	Sample Forms from Medical Records.
<b>3rd Marking Period</b>	February-march		
<b>Group Project</b>	<b>Group Journal Development</b>	Annual Competition with Preparation	Internet. Group Sessions Lecture
<b>HOSA</b>			
<b>Clinical Requirements</b>			
16. Bowel/Urinary Elimination		Chapter 2 1, 22	Mosby's Nursing Assistant Text Book
17. Respiratory & Cardiovascular		Chapter 40	Skills Lab
18. Mental Health		Chapter 43	Geri Simulator
19. Rehabilitation & Restorative		Chapter 36	Lecture
		Practice Exams	Research Paper
<b>4<sup>th</sup> Marking Period</b>	April-May		
Skills and Exam Review		NOCTI	Skills lab
Application for State Board		Practice Exams	NNAAP Review Examinations
NOCTI		CNA Exam	Geri Simulator
MOCK BOARDS			Group Demonstrations
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**STATE BOARD CERTIFICATION MAY 06 AND 07 2012**  
**RESUME**  
**SUBMISSION OF GROUP/CLASS JOURNAL**