

PACING GUIDE- LICENSED PRACTICAL NURSING

Tasks/competencies designated by bullets in the left-hand column are considered essential statewide and are required of all students. In some courses, all tasks/competencies have been identified as essential. Tasks/competencies without bullets are considered optional; they and/or additional tasks/competencies may be taught at the discretion of the school division. Tasks/competencies marked with an asterisk (*) are considered sensitive, and teachers should obtain approval by the school division before teaching them. Standardize **Tests upon completion of 36 weeks of year one: NOCTI Practical Nursing, VA State C.N.A. Exam**

First Marking Period			Practical Nursing I TASKS/COMPETENCIES For First Year of Practical Nursing		
			Implementing Virginia's CTE Course Requirements Supporting equipment: Computer System/AV system		
1 st Marking	8357.001	Demonstrate Virginia's Workplace Readiness Skills in course activities.			
1 st Marking	8357.002	Apply Virginia's All Aspects of Industry elements in course activities.			
1 st Marking	8357.003	Identify Internet safety issues and procedures for complying with acceptable use standards.			
			Participating in the Student Organization – HOSA- Supporting Equipment: Computer System		
1 st Marking	8357.004	Identify the purposes and goals of the student organization.			
1 st Marking	8357.005	Explain the benefits and responsibilities of membership in the student organization as a student and in professional/civic organizations as an adult.			
1 st Marking	8357.006	Demonstrate leadership skills through participation in student organization activities, such as meetings, programs, and projects.			
			Applying Fundamental Concepts of Nursing- Supporting Equipment: Computer, Video		
1 st Marking	8357.007	Describe the role of the practical nursing student.			
1 st Marking	8357.008	Relate personal aptitudes and interests to the concept of nursing.			
1 st Marking	8357.009	Identify significant historical factors in the evolution of nursing care.			
1 st Marking	8357.010	Describe the differences found among the methods of providing nursing care.			
1 st Marking	8357.011	Describe the roles of health care team members.			

1 st Marking	8357.012	Describe the cultural and psychosocial aspects of health care in a changing society.
Communicating Effectively – Supporting Equipment: Computer System, Video		
1 st Marking	8357.013	Explain principles of effective verbal and nonverbal communication.
1 st Marking	8357.014	Apply principles of communication in establishing therapeutic relationships.
1 st Marking	8357.015	Report information relating to the client.
1 st Marking	8357.016	Perform documentation.
1 st Marking	8357.017	Demonstrate techniques of client education.
Applying Legal, Ethical, and Professional Responsibilities to Clinical Practice- Supporting Equipment: Computer System		
1 st Marking	8357.018	Explain legalities governing nursing practice.
1 st Marking	8357.019	Explain the concept of ethics as related to nursing practice.
1 st Marking	8357.020	Explain nursing standards of care.
1 st Marking	8357.021	Describe the influence of various agencies on the delivery of health care.
1 st Marking	8357.022	Describe organizations that enhance the development of nursing.
1 st Marking	8357.023	Examine career opportunities and responsibilities.
Applying Principles of Anatomy and Physiology – Supporting Equipment: Computer System, Lab models,		
1 st Marking	8357.024	Identify the basic structural levels of body organization, anatomical structure, and body cavities.
1 st Marking	8357.025	Identify chemical components of the body.
1 st Marking	8357.026	Identify structures and functions of the cell.
1 st Marking •	8357.027	Identify structures and functions of tissues, membranes, and glands.
1 st Marking	8357.028	Identify structures and functions of the integumentary system.
1 st Marking	8357.029	Identify structures and functions of the skeletal system.

1 st Marking	8357.030	Identify structures and functions of the muscular system.
1 st Marking	8357.031	Identify structures and functions of blood.
2 nd Marking	8357.032	Identify structures and functions of the heart.
2 nd Marking	8357.033	Identify structures and functions of blood vessels and blood circulation.
2 nd Marking	8357.034	Identify structures and functions of the lymphatic system, and explain immunity.
2 nd Marking	8357.035	Identify structures and functions of the respiratory system.
2 nd Marking	8357.036	Identify structures and functions of the gastrointestinal system.
2 nd Marking	8357.037	Identify structures and functions of the endocrine system.
2 nd Marking	8357.038	Identify structures and functions of the reproductive system.
2 nd Marking	8357.039	Identify structures and functions of the nervous system.
2 nd Marking	8357.040	Identify structures and functions of the urinary system.
2 nd Marking	8357.041	Identify structures and functions of the sensory system.
•	Applying Concepts of Nutrition- Supporting Equipment: Computer, Speaker, A/V	
2 nd Marking	8357. 042	Identify dietary patterns relating to ethnic, religious, cultural, and personal preferences.
2 nd Marking	8357.043	Identify nutrients essential for optimal health and wellness.
2 nd Marking	8357.044	Describe the digestion and metabolism of food.
2 nd Marking	8357.045	Describe dietary guidelines recommended for health promotion.
2 nd Marking	8357.046	Identify principles of food management and safety.
2 nd Marking	8357.047	Explain basic dietary management techniques.
	Applying Concepts Related to the Process of Wellness and Illness- Supporting Equipment: Computer, Lab Supplies, A/V	

2 nd Marking	8357.048	Identify principles of wellness.
2 nd Marking	8357.049	Explain physiological aspects of the illness and disease process.
2 nd Marking	8357.050	Identify signs and symptoms of diseases and disorders.
2 nd Marking	8357.051	Identify common diagnosis procedures.
2 nd Marking	8357.052	Identify common treatment modalities.
2 nd Marking	8357.053	Apply the nursing process to the surgical client.
2 nd Marking	8357.054	Apply the nursing process to a client with neoplastic disease.
2 nd Marking	8357.055	Apply the nursing process to a client with Acquired Immunodeficiency Syndrome.

Applying the Nursing Process- Supporting Equipment; Computer, A/V		
3 rd Marking	8357.007	Describe the five phases of the nursing
3 rd Marking •	8357.008	Explain the relationship of the nursing process to nursing practice.
3 rd Marking •	8357.009	Implement a plan of care, using the nursing process.
Mastering Nursing Competencies- Supporting Equipment; Computer, A/V, Lab Equipment		
3 rd Marking •	, 8357.010	Maintain a safe and controlled environment.
3 rd Marking •	8357.011	Identify safety precautions and procedures.
3 rd Marking •	8357.012	Demonstrate medical asepsis.
3 rd Marking •	8357.013	Demonstrate surgical aseptic techniques.
3 rd Marking •	8357.014	Implement admission, transfer, and discharge procedures.
3 rd Marking •	8357.015	Perform procedures related to personal hygiene.
3 rd Marking •	8357.016	Provide nourishment.

Applying Principles of Growth and Development Supporting Equipment: Computer, A/V, Lab Equipment		
3 rd Marking •	8357.017	Identify historical influences on growth and development.
3 rd Marking •	8357.018	Examine principles of growth and development.
3 rd Marking •	8357.019	Summarize theories of growth and development.
3 rd Marking •	8357.020	Determine the influences of heredity and environment on growth and development.
3 rd Marking •	8357.021	Identify characteristics of the newborn.
3 rd Marking •	8357.022	Explain growth and development of the infant.
3 rd Marking •	8357.023	Explain growth and development of the toddler.
3 rd Marking •	8357.024	Explain growth and development of the preschooler (3-5).
4 th Marking •	8357.025	Explain growth and development of the school-aged child (6-12).
4 th Marking •	8357.026	Explain growth and development of the adolescent (13-18).
4 th Marking •	8357.027	Explain growth and development of the young adult (18-40).
4 th Marking •	8357.028	Explain growth and development of the middle adult (40-65).
4 th Marking •	8357.029	Explain growth and development of the older adult (65 and older).
Applying Concepts of Grief, Death, and Dying- Supporting Equipment: Computer, A/V		
4 th Marking •	8357.030	Describe the stages of death and dying.
4 th Marking •	8357.031	Identify the major fears of the dying client.
4 th Marking •	8357.032	Identify signs and symptoms of approaching death.
4 th Marking •	8357.033	Describe the grieving process.
4 th Marking •	8357.034	Identify the nurse's responsibilities associated with the death of a client.
Administering Medications- Supporting Equipment: Laboratory Supplies, Personal Lab kit		
4 th Marking •	8357.035	Identify general principles of pharmacology.

4th Marking•	8357.036	Identify principles of pharmacodynamics/pharmacokinetics.
4th Marking •	8357.037	Explain the principles of medication administration.
Applying Concepts of Complementary and Alternative Medicine (CAM) / Integrative Healing Arts (IHA)		
4 th Marking•	8357.038	Define Complementary and Alternative Medicine (CAM) / Integrative Healing Arts (IHA).
4 th Marking •	8357.039	Explain range and rationale for usage of CAM/IHA in health care.
4 th Marking •	8357.040	Explain the use of acupuncture in clinical practice.
4 th Marking •	8357.041	Explain the use of homeopathy in clinical practice.
4 th Marking •	8357.042	Explain the use of massage/manipulation in clinical practice.
4 th Marking •	8357.043	Define herbal medicine.
4 th Marking •	8357.044	Explain the use of energy and magnetic therapies in clinical practice.
4 th Marking •	8357.045	Explain the use of aromatherapy to clinical practice.

Clinical
Rotation :
4th Marking
Period