

**NEW HORIZONS REGIONAL EDUCATION CENTER
NURSING ASSISTANT PROGRAM
COURSE SYLLABUS**

Mrs. Cherie Fletcher, Instructor

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Ext. 3391

Office Hours

7:15 am to 7:30 pm

2:45 pm to 3:15 pm

Course Description:

The Nursing Assistant Program prepares students for employment in long-term care facilities (nursing homes), rehabilitation centers, hospitals, same day surgery centers, urgent care facilities, adult day care centers, assistive living facilities and home health agencies. The objective of the Nursing Assistant Program is to prepare a nurse aide to provide hands on care to patients/clients/residents in the above mentioned facilities. Following the successful passing of this course the student will be able to:

- Sit for the State Board Exam
- Sit for the NOCTI Exam
- Communicate and interact on a one-to-one basis with their clients
- Demonstrate sensitivity to their client's emotional, social and mental health needs through effective interaction
- Assist clients in attaining and maintaining as much functional independence as possible
- Exhibit behavior in support and promotion of client rights
- Demonstrate skills in observation and documentation needed to participate in the assessment and care of their client's health, physical condition and well being.

Required Textbooks:

Mosby's Textbook for Nursing Assistants, 7th edition

Mosby's Workbook for Nursing Assistants, 7th edition

Author: Sheila A. Sorrentino

Copyright: 2008

Publisher: Elsevier

Course Fees (due by 9/30/2011)

Activity fee for the national Health Occupations Students of America Assoc. HOSA	\$16.00
C.N.A. Pin	8.00
Smock/Badge	16.00
Criminal Background Search (must be money order or certified check money order or check made out to: Virginia State Police)	20.00
State Certification Exam	94.00
CPR Certification	25.00
NOCTI Exam	<u>19.00</u>
Total	198.00

Materials for Class

- White scrubs
- White nursing shoes or sneakers with white stockings or socks
- 1 ½ inch ring binder, pkg of lined paper and 1 pkg of note book dividers
- Watch with second hand

Grading Scale:

90-100=A
80-90= B
70-79= C
60-69= D
60 below= F

Evaluation of Student Performance/Grading

- | | |
|--------------------------------|-----|
| • Employability Skills | 30% |
| • Related Instruction | 50% |
| • Competencies
Lab/clinical | 20% |

Clinical Rotation

In order to sit for the State Board Exam the student must successfully pass their 40 hour clinical experience. Time frame for your clinical experience will be announced. Clinicals usually occurs second semester.

List of Skills and Topics Covered

- **Communication and Interpersonal Skills**
 - Introduction to Healthcare Agencies Unit 1
 - The Nursing Assistant Unit 2
 - Ethics and Laws Unit 3
 - Work Ethics Unit 4
 - Communicating with the Healthcare Team Unit 5

- **Recognizing abnormal changes in body function and the importance of reporting such changes to a supervisor**
 - Assisting with the Nursing Process Unit 6
 - Understanding the Person Unit 7
 - Body Structure and Function Unit 8

- **Safety/emergency procedures**
 - Safety (Accident risk factors) Unit 11
 - Preventing falls Unit 12
 - Promoting Restraint Free Environment Unit 13
 - Preventing Infection Unit 14
 - Body Mechanics Unit 15
 - Safely Handling, Moving and Transferring the Person Unit 16
 - Safety in the Patient's Unit Unit 17
 - Basic Emergency Care Unit 49

- **Personal Care Skills**
 - Bed making Unit 18
 - Personal Hygiene Unit 19
 - Grooming Unit 20
 - Urinary Elimination Unit 21
 - Bowel Elimination Unit 22
 - Exercise and Activity Unit 26

- **Assisting with Assessment**
 - Care of the Older Person Unit 10
 - Nutrition and Fluids Units 23&24
 - Measuring Vital Signs Unit 25
 - Comfort, Rest and Sleep Unit 27
 - Admissions, Transfers and Discharges: includes Ht. and Wt. Unit 28
 - Assisting with the physical examination Unit 29
 - Wound Care Unit 32
 - Oxygen Needs Unit 34
 - Body Systems and Their Disorders Units 35 - 42

- **Promoting patient's and resident's independence**
 - Rehabilitation and Restorative Nursing Unit 36

- **Care of the Cognitively Impaired Person**
 - Confusion and Dementia Unit 44

- **Meeting Mental Health and Social Service Needs**
 - Mental Health Problems Unit 43
 - Developmental Disabilities Unit 45
 - Sexuality Unit 46
 - The Dying Person Unit 50